

Preoperative Preparation

- ✚ Dear patients wishing you to be healthy, hope we can provide you the best service while staying at this center.
- ✚ Dear Patient Ask your doctor or nurse if you have any questions about the type of surgery and its consequences.
- ✚ A consent will be obtained from you as patient and your companion as a witness. So be aware of the type of surgery and carefully read and sign the consent.
- ✚ Take the latest medical evidence, including ultrasound, recent quarterly tests, and CT scans, and more, with you.
- ✚ A series of pre-operative tests are required by the doctor (blood, urine, etc.).
- ✚ Take all medications you take at home.

- ✚ Any abnormal symptoms such as fever and cough, allergies, hypertension, chronic illnesses, anxiety, taking certain medications (heart,hypertension, insulin, anticoagulation, aspirin, addiction, etc.) Be sure to tell your doctor and nurse.
- ✚ Take your heart medication except aspirin even in the morning before the operation, as your doctor says, with a little water.
- ✚ Stop taking diabetes medications (blood sugar) the night before your operation, Under the supervision of your physician.
- ✚ If necessary, heart counseling and consultation with other physicians is provided.



- ✚ Anesthesia counseling is performed before surgery.
- ✚ Tell if you have had any surgery before.
- ✚ Avoid eating any foods or liquids after 12 pm the day before surgery.
- ✚ Rest before surgery to reduce anxiety.
- ✚ Before your surgery, remove the bladder and bowel.
- ✚ Remove your makeup (especially the face, lips and nails)Remove any metal ornaments and parts from your body.
- ✚ Notify if you have a loose tooth.
- ✚ Notice any specific instructions given to you before the operation.



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Patient's Guide

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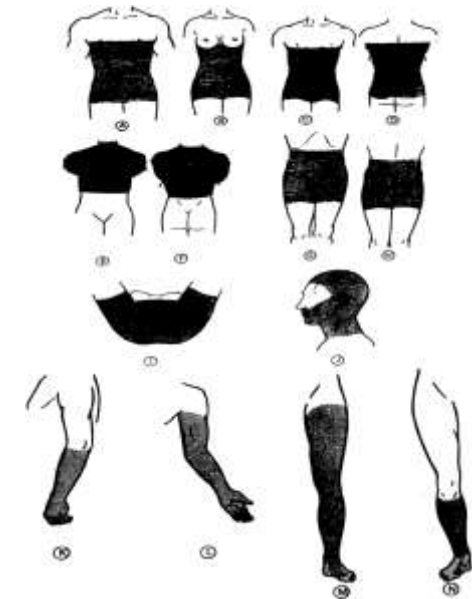
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- ✦ Before the surgery, take a bath and shave the hair of the operation area as it is said.
- ✦ During shaving hair, be careful not to cut your skin.
- ✦ Do not keep your precious things in the hospital. If you have valuable things, hand it over to the department responsible and receive a receipt.
- ✦ The day after surgery the patient should take a few breaths after breathing several times and have a deep cough in the lungs (breath-reinforcement).
- ✦ If surgery has been performed on the chest or abdomen, the patient should move the cushion on the incision line, minimizing pressure on it in order to minimize pain.
- ✦ To do this, you should place the palms of the two hands together and dip your fingers together so that if you place the hands in two sections of the cutting line, this can greatly

prevent the movement of the wound while coughing. It prevents moving the wound and minimizes the pain

- ✦ The purpose of the cough exercise is to remove the lung secretions.
- ✦ Take care of your identification bracelet.



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