

Injection of fat and filler

Early and visible symptoms of aging, such as wrinkles and shrinkage of the skin over time, are due to gravity, earth, sunlight, heredity, and lifestyle. Compensate and eliminate face lines.

- Absorbable fillers can be used
- Thickening of the lips
- Improved facial design
- Reduce lines and wrinkles and wrinkles
- Improve the appearance of scars (instead of wounds)

Hyaluronic acid

It is a natural substance in the body that is suitable for highlighting the lips and for filling the wrinkles and wrinkles. It is suitable for wrinkles and surface wrinkles or skin troughs - at the site of skin damage and lasts for 6 months or more.

Hydroxyapatite

It is a natural, common type of substance most commonly found in bones, and its formula is like gel, the heaviest type of filler, and is suitable for deep wrinkles and wrinkles. Of course, this filler is also suitable for frown lines, cheekbones and other facial areas.

How and when to have surgery the plastic surgeon examines the appearance and

quality of your skin and examines areas of the face that need to be enlarged by filler injection.

Certain areas of the face that need to be injected are marked the injection site is cleaned with antimicrobial solution and ice and topical anesthetics are used to relieve pain during injection.

This condition is longer in the injection of fat and lasts several weeks

Multiple injection steps may be required to fill deep crevices or scars.

Fillers cannot prevent the normal steps of facial aging; Fillers can only delay the time of surgery.

Preoperative measures

- ✚ At the initial appointment, the patient's face will be examined for appearance and aesthetic function. The patient is then asked to:
- ✚ Do the necessary testing
- ✚ Take certain medications or make changes to medications
- ✚ Keep your doctor informed of all your medical and medical records
- ✚ Inform your physician if you have any history of fillers, facial shapes, botox and other facial rejuvenation.

- ✚ Avoid smoking, alcohol and drugs separately one week before and after surgery.
- ✚ Do not take aspirin, anti-inflammatory drugs, herbal remedies (which can increase the risk of bleeding) one week before surgery.
- ✚ Tell your doctor if you have colds, sore throats, herpes, or any other illness before surgery.
- ✚ Before you go, be sure to bathe
- ✚ Facial Correction for Men and Cleansing Facial for Women
- ✚ Wear loose and loose-fitting clothing on the day of arrival.
- ✚ Avoid wearing collar shirts, t-shirts and tights

Post-operative care

- ✚ Achieving desirable results in surgery is impossible without careful medical and patient care.
- ✚ In the first 30 days, it is advisable to use an ice pack on your face and a 2-fat donor to reduce swelling and bruising. After 5 days, warm compress will accelerate the absorption of bruising and swelling.
- ✚ To reduce facial swelling, you should lie down while sitting on the back with two pillows underneath.
- ✚ Avoid heavy activity for a few weeks. Avoid heavy work and bending for the first few days.



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Patient's Guide

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Self-care

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<http://www.Alzahra.mui.ac.ir>

Tel:03136202008

a Salamat@azh.mui.ac.ir

- ✚ Bruising at the donor and recipient site is a natural fat.
- ✚ Massage the injection site up to several weeks as instructed.
- ✚ Fresh pineapples contain bromelain and vitamin C, which are effective in accelerating the absorption of bruises and swelling and are better consumed.

Care after filler

Some fillers contain anesthetic material and do not need anesthesia.

The injection at each site lasted a few seconds and the whole procedure did not take several minutes.

At the end of the markings, the ice is removed and ice is used to relieve discomfort until there is no pressure in the injected areas.

For lip highlighting, multiple lip areas need to be injected several times for filler distribution and normal lip highlighting and better margin clearance. Recovery is indicated immediately after injection.

However, there is a brief inflammation and bruising.

Some fillers initially appear more prominent than normal, returning to normal within hours to days.

Human fat injection

It is taken from the body and re-injected into the individual and is suitable for face filling, deep crease filling and highlighting of different facial areas (such as cheeks).

Unlike other fillers, the procedure is complicated and requires pre-injection liposuction.

In some people, its viability and persistence varies from one to three years after injection two to three years.

Some fat can be stored for repeated injections (but the storage results are not as good as the new ones).

Recommendation

- ✚ Consumption of fruits, fish and shrimp and omega-3s is strongly recommended.
- ✚ Reduce salt intake to at least 3 days.
- ✚ Take your medicine to the end.
- ✚ Prevent pressure on injected areas for up to 1-2 weeks.

Prepared by Nahid Sarshtedar "nurse"

Scientific Advisor by Dr Mohammadreza Asgarzade" Specialist in Plastic and Cosmetic Surgery"

Translate by Mahdi Shahbazi "nurse"

Editing by salamat office in Al-Zahra Hospital 1398-2019 "Eghtedari"