

Breast prosthetic

Breast enlargement is one of the most common cosmetic surgeries that women have requested. About three million women worldwide have had breast implants in the last 35 years, according to statistics. Important causes of breast enlargement surgery include:

- ✚ Some women do not feel comfortable with this organ while having normal breast shape and size and they prefer their breasts to be larger.
- ✚ Few people have a special disease that does not have real and natural breast growth. In fact, because of this they are candidates for surgery.
- ✚ Many women's breast at an older age or after breastfeeding become drooped which is not pleasant for them. They want to raise and enlargement their breasts.
- ✚ In some cases, patients have undergone surgery because of cancer and their breasts become smaller. In these cases, they request to restore size and shape of their natural member.

- ✚ You will be offered the best size of breast prosthesis tailored to your height and physical condition.

Breast prosthesis is divided into two types of saline and silicone.



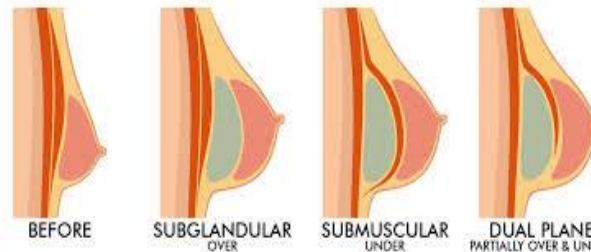
Saline

silicone

Different forms of breast prosthesis

- ❖ Round breast
- ❖ Oval breast
- ❖ Classic breast

The average life expectancy of a prosthesis is over 20 years, but you should check it after 10 years. After examination and ultrasound and if necessary MRI can be definitively diagnosed.



Placement of Prosthesis

- ❖ Under the muscle
- ❖ Under the breast tissue and on the muscle
- ❖ On the muscle and under the muscle sheath

Mode and duration of surgery

The surgery lasts for an hour with general anesthesia.

Location of breast implant

Location of the prosthesis is selected by the surgeon according to the tissue and breast muscle.





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Patient Guide

Self-care in

Breast Prosthetic

Surgery

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Preoperative orders

After obtaining a history an examination by the surgeon the type and size of the prosthesis are selected.

The patient is advised to stop smoking cigarettes and other non-painkillers.

In people over 30 years old mammography and under the age of 30, ultrasound is recommended.

Post-surgical care

✦ Most women have moderate pain in the first five days, which will be controlled by painkiller.

✦ Breast swelling usually disappears within 2-3 weeks. Sometimes double breast swelling is different. This is normal. And it gets better over time.

✦ During the first two months after surgery, the prosthesis will gradually decrease and will be corrected.

✦ Do not put pressure on the prosthesis while sleeping for up to three weeks so avoid sleeping on your belly during this time when sleeping with the help of a pillow under the hips and shoulders, avoid pressure on the prosthesis When sleeping, place the pillow under your knees in an supine position.

✦ After surgery you should remove the underwear (sutin) use properly and should be closed for up to 2 month.

✦ The patient can walk and do light tasks. Its' better in the first 7 days don't the heavy work and avoid lifting objects.

✦ It is better to start exercising your arms and shoulders and swimming after two months. Use a proper sports bra(sutin) during exercise.

✦ Driving is allowed after one week

✦ Sensory changes in the nipple, such as numbness, high sensivity is temporary and after a while it will heal.

✦ Use open front clothing.

✦ The dressing should be changed every other day. After 48 hours you can take a bath.

✦ The sutures are absorbent and do not need to be drawn.

✦ After one week, the patient should be seen by a surgeon.

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